

#gvahafamily NEWS

GVAHA Season Celebration and Coaches Game

March 25, 2017 - 5:00 to 7:00 pm

Georgetown Ice Center

To celebrate the end of another great season, GVAHA invites all our players and families to our year end celebration.

FREE Open Skate from 5:00 to 5:50pm

Coaches Game Starts at 6:00pm

Food provided by BC Pizza @ \$7 per person.

Please sign-up online at <https://tinyurl.com/SeasonCelebrationSignUp> by March 23rd.

GVAHA PLAYER BONUS:

GVAHA players this season will each receive a FREE Stick & Puck Punch Card
Good for 3 Free Stick & Puck Visit at Georgetown Ice Center April - August 2017

Georgetown Ice 3 on 3 Youth League

Georgetown Ice Center will once again be offering a 3 v 3 Youth League

Dates: 4/10/2017 - 5/24/2017

Fees:

Team - \$275.00

Individual Player \$68.75

Ages/Divisions:

Cross-Ice (2011-2012)

Mites (2009-2010)

Squirrels (2007-2008)

Pee-Wee (2005-2006)

Bantam (2003-2004)

Goalies will register separately. Goalies will play 2 periods for each team per game.

Spring Travel Hockey Announcement

GVAHA will be offering Spring Travel Hockey for 2017!

Spring Tryouts are March 20-21

Georgetown Ice Center

\$10/skate

PEEWEE A 2006

Coached by: Tanner Pratt and Adam Adani

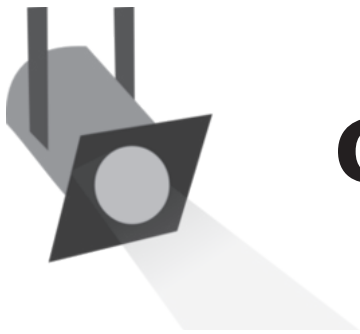
PEEWEE AA 2005

Coached by: Chris Norkus and Jack Williams

BANTAM AA 2003-2004

Coached by: Chris Wilson

For all the details and coaches bios go to www.gvaha.org/2017-spring-travel-hockey



GVAHA PLAYER SPOTLIGHT

ALEX MILLS

Who is your favorite hockey player and why?

Pavel Datsyuk was my favorite player (before he moved to Russia) because I really like to watch his puck handling skills. Also, he is a great two way player and doesn't play for the stats or glory. He is a team player, which is something that I work hard at.

What is your favorite thing about playing hockey?

My favorite thing about playing hockey is being able to put all of my skills together in a game.

What other sports do you play? Does it help you with hockey?

I play baseball for Elite. When baseball season starts ramping up, I am already in good physical condition. I am also a catcher and outfielder, so hockey helps me develop my hand-eye coordination.

What goals do you have for this season?

My goals all season have been:

- work hard
- have fun
- be the best hockey player I can be

Who has been the biggest influence for your hockey playing so far?

I think the biggest influence for me has been my coaches that really push me to work hard.

How do you unwind after a game?

On the drive home I like to think about the game that I just played. In my head, I replay it and learn from the things I did really good and things that I can keep working on.



Player Spotlight - Alex Mills
GVAHA STARS 14U Bantam Pratt

How do you gear up for a game?

I gear up for a game by thinking about what I can do better and staying focused. I get my blood flowing by doing extra reps of warm ups.

If I turned on your iPod/Phone or other music player, what song would be playing?

Lose Yourself by Eminem and Can't Hold Us by The Heist

Free Money for Your Hockey Player!

SCRIP

Jen Adams earned \$669.15 in one year just with her regular weekly purchases of groceries and gas and the occasional dinner out

Tracy Wells, earned \$538.71 in the 2016-17 season by purchasing groceries, gas, clothes, food, and even her trash service. It was made even easier through the "Scrip Now" app, on her phone

Dan Plumert, earned \$631.10 this past year using reloadable cards to his most visited places (Speedway, Gordon Food, Subway, etc). He also gave these cards as Christmas gifts

And ALL of these earnings were credited back to their hockey players' bills using SCRIP!

You can Join SCRIP, too!
This locally-run business is based in Walker, and they have been helping parents pay for student activities for over 20 years!

What is SCRIP?

Scrip is a no-sell fundraiser! It sounds too good to be true, but here is how it works:

1. You order a SCRIP gift card or instant email through Georgetown's SCRIP program. (Perhaps a Meijer card for \$100 or an Old Navy instant email.)
2. You pay with paypal or credit card.
3. You IMMEDIATELY get 3% to 15% back in your account!
4. You may use that gift card or email for use on your purchase!
5. SO EASY! FREE MONEY! AND NOW YOU CAN PUT THAT TOWARD HOCKEY!

SCRIP Benefits Include:

- No extra time, money, or energy spent.
- No selling unwanted products to your family and friends.
- Earnings add up quickly— families can earn \$500 or more per year.
- It's a great budgeting tool, and it fits with every financial situation.
- They offer over 700 retailers, so you can use scrip for practically anything.
- Online ordering lets you buy and use eCards whenever you want.
- The funds you earn are immediately accessible.
- Families can shop both in-store or online with participating retailers.
- Scrip gift cards are just like using a credit/debit card, but without the fraud risk
- It's habit forming— you'll want to use scrip all year long!
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For more information on how YOU can sign up for SCRIP contact Kelli Sterley at kjsterley@gmail.com or 616-836-6384

GVAHA Board of Directors - Positions Available

Nominations Open Until March 15th. Elections will run March 18th - 26th.

Is serving on the GVAHA board is a good fit for you? Nominations are open for President, Treasurer and Communciations.

We invite you to attend one of our upcoming board meetings and talk with current board members. Our next board meeting is March 21st @ 7:00PM at Georgetown Ice Center.

Visitors are always welcome and encouraged to attend.

BOARD OF DIRECTORS

Position	Name	Term Expires
President	Greg Raad	2017
VP Travel	Mike Howey	2018
VP House	Jim Rozema	2018
Secretary	Cori Wilson	2018
Treasurer	Christina Smith	2017
Fundraising	Kelli Sterley	2018
Communications	Rebecca VanDenBerg	2017

Non-Elected Continuously Serving Board Positions

MAHA Representative, Craig Sterley*

Rink Manager, Mike Hatkowski

Co-Hockey Director, Jack Williams

Co-Hockey Director, Joel Breazeale

* MAHA Representative is an appointed non-voting member and serves as a liaison between the Michigan Amateur Hockey Association (MAHA) and the Grand Valley Amateur Hockey Association (GVAHA).

For more information on the organiational structure of GVAHA, we encourage you to review our governing by-lays which can be found on the website at www.gvaha.org/board-of-directors/

STAY CONNECTED

Make sure you are signed up to receive our weekly E-Blast to get the latest announcements and news from GVAHA. Sign-up on our website at: www.gvaha.org.

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GVAHA FAMILY PROFILE

Each issue of the GVAHA Newsletter will feature a family in the STARS association. This month we are profiling the Vander Veen family.

Who plays hockey in your family?

"Aaron plays recreation and men's league hockey. Braden is a Squirt (10U), Ethan is a Mite (8U), and Haley just got her first pair of skates for Christmas."

How did you all get interested in hockey?

"Aaron started playing pickup hockey in college and the kids began learning to skate around 3-4 years old. Braden and Ethan both went through the Learn-to-Skate and Learn-to-Play hockey programs at East Kentwood and love playing hockey. Haley is anxious to learn how to skate and pretty much asks on a daily basis when it's her turn to skate."

Are you competitive with each other?

"Very. Whether it's at the rink, on the pond or back yard rink, or in the driveway, the kids love to compete and play hockey. The kids can almost turn anything into a game and find a way to make it a competition and keep score, especially Braden."

What's your favorite memory so far?

"Thankfully we are blessed with many hockey snap shots and memorable moments. In the fall of 2015

we moved into a new house (or as Braden describes it "our new, old house") which has a small pond out front. After waiting several months for the pond to freeze we were finally able to get on the ice. After hours of snow blowing, shoveling and a couple nights of flooding the ice the "rink" was ready. Skating outside under the flood lights at night, playing small area games with your kids, drinking hot cocoa and warming up around the fire pit.....priceless!"

Who is your favorite team? Are you a house divided/united?

"Nothing but a bunch of Wing-nuts in our house."

What do you hope for your kids to learn from playing hockey?

"Like many sports, hockey creates opportunities for our kids to learn teamwork, sportsmanship and discipline, but most importantly we hope for them to have fun!"

Have you ever played in the adult leagues?

"Yes, Aaron has played recreational hockey and participated in men's leagues since college."



The Vander Veen Family L to R: Braden, Haley, Vicki, Ethan, and Aaron.